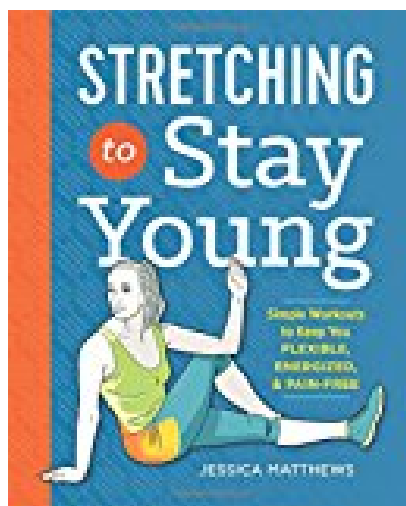


Stretching to Stay Young Simple Workouts to Keep You Flexible Energized and Pain Free



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